



VAFLL Lynchburg Regional Coaches Workshop

Presenters: Cari & Patrick Norton

Location: CVCC, Merritt Hall, Multi-purpose Room, 5122

Date/Time: Saturday, September 11, 2010, 9 a.m. to 3 p.m.

R.S.V.P. required. Please respond to Barbara Bragg at braggb@cvcc.vccs.edu to reserve a spot. Please include your school name, school division, day phone and cell phone numbers.

Goal:

To prepare, inspire and encourage FLL coaches with helpful information relevant to this year's challenge. We will also distribute LEGO materials, if you have not picked up previously.

Audience:

- * Brand New registered FLL team coaches, potential coaches, leaders & mentors
- * Experienced coaches willing to share ideas
- * NEW THIS YEAR - Coaches are permitted to bring 1 student member of their team. Team members will sit in with adults in the morning session and have a separate session after lunch to continue programming lessons.

What to Bring:

Participants should bring a laptop computer with NXTG installed, an NXT robot and attachments built according attached instructions, a USB cable, a fully charged NXT battery, power cord (for charging NXT battery), an extension cord, and a bag lunch (we will have access to refrigerator and microwave).

Agenda: Please remember to turn cell phones and pager to OFF or quiet mode.

- 1) NXTG Programming Essentials
- 2) 2010 Body Forward Challenge Overview
- 3) Coaching Tips and Resources
- 4) Q&A Session



LYNCHBURG REGIONAL TOURNAMENT

Saturday, November 6, 2010

Timberlake Christian School

9:00 a.m. - 4:00 p.m.

